



NOV-DEC Brazilian JiuJitsu Schedule

Morning Schedule

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
6a Adult NoGi Jiu-Jitsu Fundamentals		6a Adult NoGi Jiu-Jitsu Fundamentals		6a Adult NoGi Jiu-Jitsu Fundamentals	
8a Adult NoGi Comp Training	8a Adult NoGi Comp Training	8a Adult NoGi Comp Training	8a Adult NoGi Comp Trainings	8a Adult NoGi Comp Training	9a Kids (8-14yr) NoGi Jiu-Jitsu Fundamentals
10a Adult Gi Jiu-Jitsu Basics	10a Adult NoGi Jiu-Jitsu Basics	10a Adult Gi Jiu-Jitsu Basics	10a Adult NoGi Jiu-Jitsu Basics	10a Adult Gi Jiu-Jitsu Basics	10a Adult NoGi Jiu-Jitsu Basics
11a Adult Gi Open Rounds	11a Adult NoGi Open Rounds	11a Adult Gi Open Rounds	11a Adult NoGi Open Rounds	11a Adult Open Mat	11a Adult Open Mat
					Sunday
					11a Adult Open Mat



NOV-DEC Brazilian JiuJitsu Schedule

Evening Schedule

Monday	Tuesday	Wednesday	Thursday	Friday
	4:15p Kids (8-14yr) Striking		4:15p Kids (8-14yr) Striking	
5p Adult Striking	5p Adult Striking	5p Adult Striking	5p Adult Striking	5p Adult Striking
5p Kids Gi JiuJitsu Basics	5p Kids NoGi JiuJitsu Basics	5p Kids Gi JiuJitsu Basics	5p Kids NoGi JiuJitsu Basics	
5p Adult Gi Jiu-Jitsu Basics	5p Adult NoGi Jiu-Jitsu Basics	5p Adult Gi Jiu-Jitsu Basics	5p Adult NoGi Jiu-Jitsu Basics	
6p Adult Gi Jiu-Jitsu Fundamentals	6p Adult NoGi Jiu-Jitsu Fundamentals	6p Adult Gi Jiu-Jitsu Fundamentals	6p Adult NoGi Jiu-Jitsu Fundamentals	
6:15p Kids (8-14yr) Striking		6:15p Kids (8-14yr) Striking		
7p Adult Gi Jiu-Jitsu Training Rounds	7p Adult NoGi Jiu-Jitsu Training Rounds	7p Adult Gi Jiu-Jitsu Training Rounds	7p Adult NoGi Jiu-Jitsu Training Rounds	